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## **AUSTRIA'S MOST POPULAR MOUNTAIN RUNNING & NORDIC WALKING EVENT!**

For over 20 years around 1.500 contestants, runners and Nordic walkers from over 26 different nations, commit to the challenge and have made it their personal goal to climb the summit of Middle Europe's biggest active mining area. Looking at the Erzberg, which is also called the "Styrian Pyramid", it is a spectacular sight with its rusty red levels that have been formed over decades. The running and walking track follows the levels of the Pyramid to the mountain top, partly leading through woods and past the nostalgic remnants of bygone days, dating back to a time when hundreds of mining workers had inhabited a small town about 1,000 meters above sea level

Since 2019, participants can look forward to a new route: With just over 13 kilometers and a total of 600 meters of elevation gain, the new route is initially rather flat over very scenic passages up to about kilometer 2, from where the route then climbs continuously in a slight to medium gradient on paved roads and paths. A special highlight in the 2nd part of the route is the crossing of the Erzberg in the 1.2 km long illuminated practice tunnel of Europe's most modern tunnel research center „Zentrum am Berg“. From about kilometer 11, the route then climbs even more sharply until the finish sprint, which again gets very demanding with about meters of altitude up to the otherwise inaccessible summit point.

## **CONTESTANTS CAN CHOOSE BETWEEN THE FOLLOWING OPTIONS**

### **Erzberg Run**

SINGLE – Face the challenge on your own, as a single contestant.

TEAM – Face the challenge together. 4 or more members make a team.

### **Ranking**

The fastest male and female contestant in total will be awarded a special prize!

The fastest three contestants of each ranking category as well as the fastest three teams (male, female and mixed) will be awarded the original Erzberg winners' trophy.

The ranking categories for the single ranking are as follows:

Juniors | up to 20 years | up to 30 years | up to 40 years | up to 50 years | up to 60 years | 70+ years

### **Erzberg Nordic Walk**

SINGLE – Face the challenge on your own, as a single contestant (no TEAM ranking).

The fastest five contestants of each ranking category will be awarded the original Erzberg winners' trophy.

The ranking categories for the single ranking are as follows:

Group A (16-30 years) Group B (31-50 years) Group C (51+ years)

## **PARTICIPATION CRITERIA**

### **Minimum Age**

#### **Erzberg Run**

Contestants must be at least 16 years old on the day of the race (born July 2007 and older). Contestants who are younger than 18 years must present a parental agreement form, signed by at least one parent, when collecting their race number.

#### **Nordic Walk**

Contestants must be at least 10 years old on the day of the race. Contestants who are younger than 16 years will only be admitted to the competition if accompanied by an adult/chaperon who is responsible for the child. The chaperon also needs to register as an official contestant. Contestants who are younger than 18 years need to present a parental agreement form, signed by at least one parent, when collecting their race number.

## **SCHEDULE**

### **Arrival and parking**

Address for your navigation system:

Freiheitsplatz 5, A-8790 Eisenerz

From there signs will guide you to the parking space near the festival area.

From there, signs will guide you to the parking space near the festival area.

There is a **free parking** area in immediate proximity to the festival area. From there, signs will guide you to the festival area (approx. 5-10 mins walk).

Please be early and ready to start your race at least 30 minutes before the official start. Arrange enough time for parking, picking up your race number and goodies, dropping off your bag at the luggage drop-off and getting ready for the race.

### **Registration**

To be safe: You will receive an E-Mail a few days prior to the competition with all necessary information including a map of the festival area.

Registration will be possible on the day of the competition, 22<sup>th</sup> July 2023 directly at the driveway to the parking area. Time and concrete information will be announced.

Following documents are required for the **ISSUE OF THE START NUMBER**:

- valid photo ID
- ticket (confirmation of registration)
- for under 18-year-olds: declaration of consent of a parent or guardian

The following documents are required for **REGISTRATION ON SITE**:

- valid photo ID
- signed conditions of participation incl. disclaimer
- for under 18-year-olds: declaration of consent by a parent or guardian

>> In case of registration on site the entry fee has to be paid in cash!

### **Start location/Start time**

The starting area is located directly in front of the big white tent, in the middle of the festival area.

Start Erzberg Run: 09:30 am

Start Erzberg Nordic Walk: 10:00 am

Nordic Walkers need to line up **behind** the runners' section and start with a short delay after the runners' section has cleared.

### **Finish**

Erzberg summit/mountain peak

The race course will be closed for all participants by 2:00 pm (i.e. the official end of the competition). Participants who will still be on the track by that time will be picked up by our crew and shuttled to the finish area.

## **TIME TRACKING & RANKING**

Both competitions, Erzberg Run and Erzberg Nordic Walk, are timed and ranked. Time will be taken by MaxFun Sports GmbH. Contestants will get a RFID-Tag which has to be returned in the finish. Only RFID-Tags given out at the race number terminal at the event location may be used to be timed. Your time will be ranked either in the single or team results. The RFID-Tag for timing is built in in the race number given out at the event location's race number terminal.

If you like to participate in a team (1 team = at least 4 contestants), it is important that **all team contestants register under the same team name.**

All times that are ranked in the team results will also be ranked in the single results but not vice versa.

## **PRIZE OVERVIEW**

### **Erzberg Run & Nordic Walk**

A detailed price overview can be found under: <https://www.maxfunregister.com/event/2023/erzberg-adventure-days-erzberg-lauf-und-nordic-walking>

## **SIGN UP NOW AND SAVE!**

## WHAT IS INCLUDED IN YOUR STARTER PACKAGE:

- Free parking
- Race number
- Free luggage drop-off – Your spare clothes will also be delivered to the summit and you can collect them in the finish area.
- 3-4 refreshment stops along the race course with a selection of drinks and snacks
- Professional race timing
- High-quality finisher medal
- Free meal (Get your free portion of Pasta!)
- Festive winner's ceremony
- Unique winner's trophy for all winners in the aforementioned categories
- Party tent with music, good food and drinks
- Goodie bag stuffed with a variety of valuable products from our partners



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